



SOCIAL KIN CLUB



Sporty Starz Soccer Program

The Kin Sporty Starz is an 8-week program designed to use the power of sports like soccer, football, touch, dodgeball, and netball to engage and inspire people to change their lives and help them to get active. The program is structured around physical activities to learn fundamental gross motor and coordination skills. Sporty Starz provides an opportunity to build capacity, learn important life skills whilst having fun and building social relationships. Various disability advocacy groups and medical reports have identified the substantial benefits of being involved in sports and being active.

Inclusive ALL ABILITIES

The mission of the program is to provide athletes with disabilities the additional support they need to fully participate in a quality fun soccer experience. Community Engagement Specialist help our athletes not only participate but excel in this wonderful program. The program will provide opportunities to celebrate achievements and is great for general health and wellbeing too. All sessions will be led by a qualified sports coach, qualified support workers and mentors to provide a nurturing and supportive environment for participants to embark on a transformative journey of empowerment. This fun and safe program is open to all genders and split into appropriate sessions.

* Subject to participant having appropriate assistive equipment.

What to expect

Y.E.S Sporty Soccer program was established to give players with intellectual and physical challenges, the opportunity to play and enjoy this wonderful game.

Each week the athletes are put through a warmup and cool down. Then specific skill takes a central focus such (passing, shooting for goal, tackling) and then it is game time. All athletes are supported completely on and off the field by our Community Engagement Specialists.

Athletes will get hot and sweaty, so pack a water bottle, wear appropriate sports attire and shoes to play soccer (sandshoes or footy boots – not steel studs allowed).

EVERYONE PLAYS
All abilities!

Balanced teams
Consider age, and appropriate group size to maximise player participation, safety and ensure an enjoyable experience.

Registration
Open to athletes aged 10-65.

NDIS Plan or Self-Managed

NO TRY OUTS
All Welcome

Coaching
Athletes are recognised & encouraged to achieve their personal goals.

Development
Participation helps build on previously learned skills to build capacity & improve their physicality.

Sportsmanship
Importance of teamwork, fair play, recognising & celebrating the efforts of team members are modelled & encouraged.

COSTS and NDIS Funding

It comes down to the NDIS Plan and personal goals, and the strategies in place to reach these goals.

Charges are flexible depending on the participants requirements. There is flexibility to use the participants own support worker, separate transport options and/or use Y.E.S Support Services.

If you need to discuss your options, we have a professional team ready to take your call.

PH: 0409 750 791

Base Cost \$450.00

Base costs are without support workers and transport options.

DATES 2024

BLOCK 1 13 MAR – 01 MAY

BLOCK 2 15 MAY – 04 JUL

BLOCK 3 18 JUL – 04 SEP

BLOCK 4 18 SEP – 06 NOV

TIMES: WEDNESDAYS

04:00PM - 07:30PM

BOOKING ARE ESSENTIAL

0409 750 791

