



# SOCIAL KIN CLUB



## Groom, Grow and Glow Program

The KIN Groom, Grow and Glow is a 5-week program designed to provide a hands-on opportunity to learn makeup techniques, skincare, nailcare and haircare techniques. The program is structured around job readiness, enhancing self-esteem, building confidence and independence. Groom, Grow and Glow provides an opportunity to build capacity, learn important life skills whilst having fun and building social relationships.

The program will be led by a qualified beautician with supports, to provide a nurturing and supportive environment for participants to embark on a transformative journey of empowerment.

## What to expect

Classes will be capped at 8 participants, with one lead beautician and one support person, which means the participant will be supported every step of the way.

Participants will be provided with a training kit that contains basic skincare, nailcare and makeup products. Participants are also encouraged to bring their own products especially if there are known allergies or skin sensitivities, doing so is also a great way to learn how to make the most of what they already have. A booklet containing the program details will also be provided which can serve as a reference guide during and after the program.

## Program Description

### Week 1

**Personal Care**  
Skincare, routines & regimes, hygiene products, looking good & feeling good.

### Week 2

**Make-up**  
techniques for interviews and going to work. Looking & feeling confident.

### Week 3

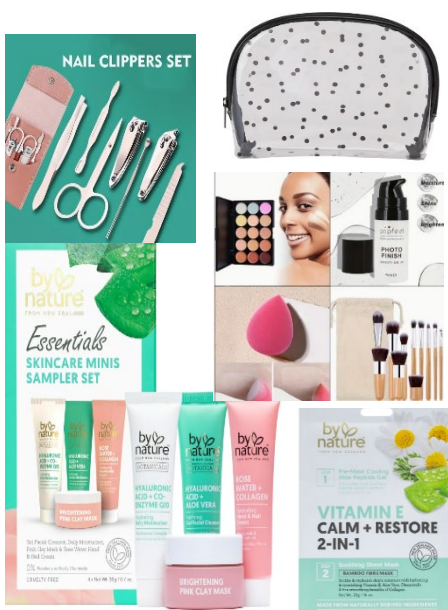
**Make-up**  
techniques for your unique style.

### Week 4

**Nailcare**  
techniques for interviews, work, expressing yourself & feeling relaxed.

### Week 5

**Hair time wash & blow dry**  
  
Graduate by putting it all together celebrate with a shopping trip & a group a meal.



### Complimentary Training kit

- Nail care
- Skin cleansing
- Moisturisers
- Eye shadow palette
- Brushes & Sponges
- Facial pack &
- Cosmetic bag.

## COSTS and NDIS Funding

It comes down to the NDIS Plan and personal goals, and the strategies in place to reach these goals.

Charges are flexible depending on the participants requirements. There is flexibility to use the participants own support worker, separate transport options and/or use Y.E.S Support Services.

If you need to discuss your options, we have a professional team ready to take your call.

PH: 0409 750 791

Base Cost \$860.00

Saturday Base Cost \$910.00

Base costs are without support workers and transport options.

Weekly sessions run on a Tuesday and Weekend sessions run on a Saturday for 2.0 hours per session.

DATES 2024	
BLOCK 1	12 MAR – 9 APR
BLOCK 2	23 APR – 21 MAY
BLOCK 3	11 MAY – 2 JUL
BLOCK 4	23 JUL – 20 AUG
BLOCK 5	10 SEP – 8 OCT
BLOCK 6	29 OCT – 26 NOV

### TIMES:

WEEKDAYS 10:00AM - 12:00PM

3:30PM – 5:30PM

WEEKENDS 10:00AM - 12:00PM

BOOKING ARE ESSENTIAL

0409 750 791

We support the

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