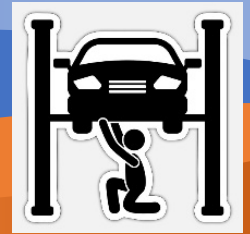




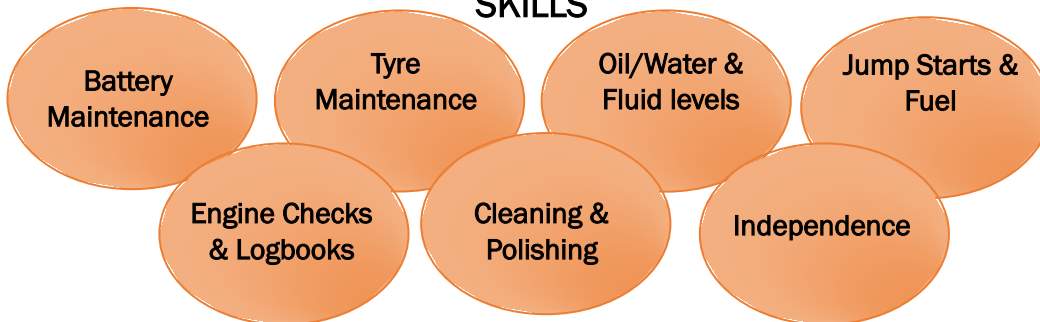
# SOCIAL KIN CLUB



## Taking care of a car with KIN club

The KIN Car Care program is a practical 5-week automotive skills-based training program that is designed to cover all the basics for people of any age. This program is aimed at working towards independence, building capacity, providing an opportunity to make friends and increase everyday life skills. The focus is on those who have a car, or those who maybe considering getting a car. Participants will learn about how cars work, putting fuel in the vehicle, how to carry out simple maintenance tasks to reduce trips to the mechanic, confidently discuss service and repair requirements, change a tyre and jump start a car when required. Participants are invited to bring along their own car and will be provided with an opportunity to practice on their own car.

### SKILLS



## Why is car care important?

A car can be like a family member for those who love cars. Sometimes people either use their family car that may have been passed down or save up hard to buy one for themselves. Either way, the car is special to them and taking care of that car becomes essential, especially if it is to keep running without any performance hiccups. Having a reliable car is a necessity for some people to get out into the community, to see friends, attend job interviews, work, or to visit the shops to buy groceries and personal items.

To have a reliable car, it's important to carry out regular maintenance. This program introduces basic car maintenance tips for beginners, even if the participant doesn't have their own car, this program can empower an individual to gain an understanding of essential car care, learn the technical jargon used in the industry and meet like-minded people.

## Celebrate

Participants graduate in the last week of the program as a group. We spend some time in the KIN Club learning how to care for our own bodies then we head out to celebrate with a fun Go Karting session.

## Program Description

### Week 1

Vehicle layout, components and identification, Preventative maintenance and logbook servicing

### Week 2

Tyres / changing / tyre sizes / wheel alignments / pressures, fuel, Replacing wiper inserts

### Week 3

Vehicle - cleaning & polishing

Fluid levels and checks, Engine checks - oil & filter changing, jump starts

### Week 4

Battery charging maintenance & Jump starting

### Week 5

"Our body" work maintenance program

Go karting

## WHEN

Run over 5 consecutive weeks.

Every Tuesday

3 hours

9:30am - 12:30pm

### WEEK 5

5 hours

9:30am - 2:30pm

\* Note: 8 participants

## COSTS and NDIS Funding

It comes down to the NDIS Plan and personal goals, and the strategies in place to reach these goals.

Charges are flexible depending on the participants requirements. There is flexibility to use the participants own support worker, separate transport options and/or use Y.E.S Support Services.

If you need to discuss your options, we have a professional team ready to take your call.

PH: 0409 750 791

(5) week Program

Basic Cost Price \$1035.00

If run on a Saturday

Basic Cost Price \$1142.00

## What you need to bring

Participants must be prepared for some hands-on activities, therefore correct personal protective equipment must be worn.

- Enclosed Shoes (Joggers or work boots)
- Jeans, trousers, or tough knee length shorts
- Comfortable shirt, no singlets or loose hanging embellishments or decorative drapes.

Specific PPE will be provided to participants if required.

**BOOKING ARE ESSENTIAL**

**0409 750 791**

