



THE KIN CLUB ACTIVITIES

MARCH/APRIL 2024

We know just how much you want to get out and have some fun! so join us as we connect with others, learn something new, have a laugh and get active.

Our programs are designed to develop problem-solving abilities, boost confidence, encourage healthy risk-taking, foster leadership skills, cultivate empathy, enhance communication skills, promote emotional awareness and regulation, and so much more.

PERSONAL TRAINING

Let's have fun and achieve your fitness goals together.

MONDAYS

ALL DAY VARIABLE



SPORTY STARZ

PROGRAM

Come play games with us!
Join the team and have fun.

WEDNESDAYS

4:00PM TO 7:30PM



IN THE KITCHEN

Skills & Community based program. Cook, make new friends & learn new skills.

THURSDAYS

9:30am-12:30pm, 1:30pm - 4:30pm,
& 10:00am - 1:00pm



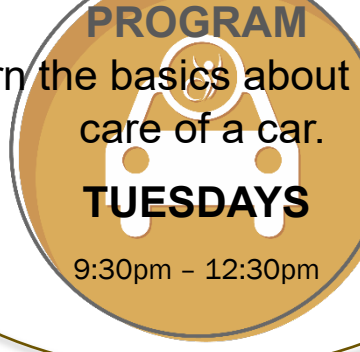
CAR CARE

PROGRAM

Learn the basics about taking care of a car.

TUESDAYS

9:30pm - 12:30pm



GROOM, GROW & GLOW.

Have fun with makeup techniques, skin, nail & haircare.

TUESDAYS

10:00am-12:00pm, 3:30pm - 5:30pm,
& some Saturdays



SOCIAL KIN CLUB

ACTIVITIES!!

Bowling, sip & Paint, Cinema movie nights, darts, lego building, Ninja fun, water parks, theatre, to name a few... activities are age appropriate depending on the group.

MONDAY TO SUNDAY

Please see the activity calendar for times and dates.



Feel more independent, access the community safely and make friends!



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