




# Home Care Support



 will take the stress out of maintaining your home and garden. Whether you need assistance with re-connecting with your community, getting out and about, cleaning and household tasks, support with maintaining your garden or personal care services, we will tailor our service to suit your individual needs.

Having Home Care Support tailored to meet your individual needs will help you remain independent in your own home for longer.

## Types of home services provided are:


- Cleaning, housekeeping, and chores
- Organising and cleaning your cupboards
- Monitoring your diet and food expiry
- Making beds and changing linen
- Laundry and ironing
- Picking up dry cleaning
- Attending to repairs
- General shopping
- Collecting home deliveries
- Picking up food from the shops
- Caring for plants and pets
- Lawn care
- Tidying outside areas
- Rubbish removal.

## Social services can include:

- Travel to appointments, social and shopping arrangements
- Providing companionship
- Facilitating mind stimulating games
- Arts and craft projects

## Daily services provided:


- Dressing and personal grooming
- Assistance with showering
- Monitoring your diet and food expiry
- Meal preparation and eating assistance
- Mobility and walking assistance
- Assistance with communicating
- Continence assistance
- Oral and palliative care
- Nursing support – wound, medication, health plans.

 **support is flexible and reliable.** We will turn up when we say we will and do what we agree with you.

## We provide dedicated staff who are all:

- Fully trained in all aspects of care and support
- Police checked
- Drivers with full access to a vehicle with comprehensive insurance cover.

## Can I access Private Support Services?

If you are not eligible for a government-funded package or if you would like to start receiving supports while you are waiting for your package to be approved, you can book private services directly with  .

We support both NDIS and private clients and in the near future people with government Home Care and NDIS agency managed.

If you would like to know more about our Support services, please contact our Care team on **0499 884 559**.

