

Community & Respite Support



At MES we provide a range of support services to meet individual needs. Support is based on the needs of each individual, and we work with each person to design and deliver what they need and want.

We support people with:

- Learning disabilities
- Physical disabilities
- Mental health needs
- Acquired brain injury
- Autism
- Dementia

All of our support is:

- Flexible
 - based on what you want
- Reliable
 - we will turn up when we say we will and do what we agree with you
- Responsive to changing needs
 - If you need more or less support we will adapt to what you want
- Delivered from the individual's home
 - We will come to you and enable you to get out and about.

Some of the benefits gained from receiving Community and Respite Support:

- Reduces loneliness and feeling isolated
- Maintains independence
- Increases self confidence

- Develop friendships
- Increases sense of wellbeing and happiness
- Learn new skills
- Creates employment opportunities
- Maintain physical and mental wellbeing
- Provide much needed rest for carers

Support provided to ensure you stay independent and as happy as possible including:

- Opportunity to access a wider range of community activities
- Meal preparation
- Medication
- Personal care
- Shopping
- Getting to and from appointments
- Accessing education / college
- Accessing leisure activities

We provide dedicated staff who are all:

- Fully trained in all aspects of care and support
- NDIS compliant
- Police checked

All our staff are recruited based on ensuring that they are able to fully live out our company

Put people first

values:

Be creative

Be transparent

Be adaptable

Be empathic

Go the extra mile

• Drivers with full access to a vehicle with comprehensive insurance cover

If you would like to know more about our Support services, please contact our Care team on **0499 884 559**.



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